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english

## Become an explorer!

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### I have seen the Lord!

(Jn 20:18)

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Dear friends of go4peace,

there are encounters that stay with us, even if they were a long time ago. What is the secret of such moments? If it is possible to be completely there for the other person, to listen well and attentively, then people feel deeply understood. We feel that we are loved. In this experience of being loved, there seems to be someone else hidden.

Mary Magdalene had followed Jesus during his lifetime. She had been allowed to feel a closeness to him that had transformed her. After his death, Jesus was not gone for them. She experienced that he was still there, alive and real, albeit hidden. So she was able to say to Jesus' friends, "I have seen the Lord!" (cf. Jn 20:18)

I had met a student who had grown up with a difficult family background. From an early age he was on his own. I invited him for a coffee. Soon there was a climate of deep trust among us. I listened to him for a long time, asking cautiously. At the end of our lively conversation, small new steps for his life became apparent. As we said goodbye to each other, standing next to our bikes in front of the café, he looked at me again and said: "What you do for me is by no means taken for granted!" I looked into his cheerful eyes and could feel how happy he was.

Perhaps this is the path to such eternal moments. Let us learn to be fully present, for ourselves and for those we meet. In such moments, our heart looks deeper and senses the One who is simply there for us. **Become an explorer!**

for the go4peace-Team

Meinolf Wacker