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engl.

**What is mankind that you are
mindful of them, human beings
that you care for them?**

(Psalm 8:4)

You look at me

„Freunde des Wortes“

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Dear friends of the word,

they lived on the outskirts of Sarajevo, an old woman, almost blind and her disabled daughter and niece who also suffered from illness. They were cut off from the cycle of life. Their life was a struggle for survival. We had heard about them. A young woman, herself marked by life, had given us a big box full of food supplies. We took the box and took it to the poor family. They were in tears when they welcomed us and offered us their last coffee. When we were leaving the old woman slowly got up from the sofa, embraced my niece and kissed her. Then she said: 'How nice of you that you thought of us and came to visit.' We left with tears in our eyes.

Dear friends of the word, just as we thought of the poor, God thinks about us. He watches us. He is with us. Out of this experience, shared by many people, comes this month's psalm: 'What is mankind that you are mindful of them, human beings that you care for them!' **God always thinks about us! He thinks of me!** He is close to me, especially when we're feeling unwell and a bit lost. This experience needs to be remembered! Only then can it carry me, provide food for my soul and help me to live.

A suggestion for the coming month: Let's take a moment every morning and **put yourself into God's view**. Remind yourself that God is looking at you with love. Under this gaze, happiness will pour into your soul, just like a baby spotting its mother face.

Carry that happiness into your day and give the people you meet that look of love. Then more and more people will discover: **You look at me!** And they will be happy.

for the OnWordTeam Meinolf Wacker