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english

Contact: Meinolf Wacker
Church Square 7
59174 Kamen

Trust life!

Mobile: +49-172-5638432
Mail: meinolf.wacker@go4peace.eu
Homepage www.go4peace.eu

I am the way, the truth and the life.

(John 14:6)

Dear friends of go4peace,

Trust life! Trust YOUR life, this great, unique, precious gift that has been given to you. You didn't choose it. At some point you called yourself by your name, understood that you are a unique person and that your life has been given to you to make something great out of it. You may also have discovered that God can be found on your way, who told us that He's the way, the truth and the life. And what if your way happens to be a difficult one, if you did not have as good a starting conditions as others and if perhaps many things are broken making it difficult for you to trust life?

In Africa, people like to tell the story of a small palm tree that grew next to many other palm trees on the edge of the ocean. One day a rascal put a heavy stone into its treetop and ran away. The palm tree struggled with all its strength to shake off this stone. The tree wanted to get rid of the weight in order to grow straight into the sky like all the other palm trees. But it failed. So in order not to collapse under the load, the tree drove its roots deeper and deeper into the ground to find better grip . It learned to live with the burden. When a heavy storm swept across the sea in the autumn, many palm trees were uprooted. But the palm tree with the stone in its top withstood the storm.

'Heavy' things often cannot be shaken off. You would lose the fight against it. Take such "burdens" as an invitation of life. Say yes to them. Try to "embrace" them and incorporate them into your life concept. Discover it as a springboard that can help you jump higher and delve deeper into the mystery of your life.

As a teenager I stuttered. I was often ashamed. At some point, I began to rephrase the beginnings of sentences so that I could read them. Today I feel how much this exercise has enabled me to learn to formulate. It's worth daring to be creative: **Trust life!**

for the go4peace team Meinolf Wacker